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Adaptability – Are You Ready?

"In the next 10 years, there will be more changes than there have been in the last 100."

What Is it

AQ, or Adaptability Quotient, is a science-based assessment tool that measures adaptability for individuals and teams in the workplace. It uncovers valuable insights into adaptability skills with easy steps to improve them.

Why

Since changes are happening at exponential rates, it is now a requirement that individuals, teams, and organizations learn to be adaptable to survive and thrive. Adaptability has become the most in-demand and valuable skill in today's marketplace.

How

The AQ patent-pending model of measuring adaptability was developed in collaboration with leading academic scientists, business leaders, and psychologists, and provides clarity on who, how, when, and why people adapt. With this insight and advanced technologies, the AQ platform identifies, guides, and empowers everyone to adapt and thrive.

Business Applications

- *Leadership Development* – Understand how adaptable your management teams are in order to develop sustainable innovation, improve decision-making, and drive long-term organizational value.
- *Change Management* – Unlock the power of personalized human insights which drive change. Build highly adaptable teams to successfully implement mission critical change programs.
- *Reskilling & Upskilling* – Utilize your existing team resources to support future requirements for your organization, reducing recruitment and redundancy costs.
- *Mergers & Acquisitions* – Expedite and increase the efficiency of new teams or organizations coming on board. Understand and identify the barriers to change and remove friction.
- *Digital Transformation* – Select the right internal teams for maximum impact. Champion new process implementation with mental flexibility, resilience, and motivation style.
- *Employee Retention* – Nurture your existing team by helping them strengthen their AQ muscles with rich insights and actionable activities.

Comments/Reviews

"We are living in a volatile, uncertain, complex, and ambiguous world (VUCA), where the pace of change is accelerating."

"As a disposition and skill, adaptability is essential to an individual's psychological health, social success, and academic or workplace achievement." (National Institutes for health, 2015)

*40% of jobs that exist today will not exist in 10 years' time.**
*375 million may need to switch occupations and learn new skills.***
*Depression and anxiety cost the global economy $1 trillion in lost productivity each year.****

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